

Thursday Nights:

- 6:00 – 6:30 Meal (kitchen closes @ 6:30)
- 6:30 – 6:35 Break
- 6:35 – 6:45 Welcome/Step Presentations
- 6:45 – 7:15 Large Group Lesson
- 7:15 – 7:50 Small Group
- 7:50 – 8:45 Individual Study

The Steps:

- Step 1: Get Help
- Step 2: Open your Heart
- Step 3: Depend on Jesus Christ
- Step 4: Hear and Speak
- Step 5: Embrace God's Way
- Step 6: Ask for Forgiveness
- Step 7: Live for God
- Step 8: Support Others

Whether your life's hurt requires a
band aid or major surgery.....
when it hurts, it HURTS!



“The Table”

Beginning January 12, 2012

An 8-step program for youth, ages 12-17,
to help with their hurts, habits & hangups

Willow Pointe Church

7 Canaan Lane

Hattiesburg, MS 39402

(off of Hwy 589; 1 mile south of Hwy 98)

601.296.0555

Welcome to “The Table” at Willow Pointe Church. The purpose of meeting together is to experience and celebrate God’s healing power and freedom in our lives through a curriculum called ***Life Hurts God Heals***, an 8-step/13 lesson program that provides life-long tools to help deal with pain and addiction which come from hurts, habits and hang ups.

This experience allows us to be changed as we share our experiences, strengths and hopes with other group members in a safe place where confidentiality is guarded. Plus, we become willing to accept God’s grace in solving our life problems.

As we progress through the steps, we begin to grow spiritually and become free. This freedom creates peace, serenity, joy, and most importantly, a stronger and more personal relationship with God and others. Also, we discover our personal, loving, and forgiving Higher Power—Jesus Christ.

“The Table” is not...

- A place for selfish control
- Therapy
- A place for secrets
- A quick fix
- A place for dating relationships
- A place to rescue or be rescued by others
- A place for perfection
- A long-term commitment
- A place to judge others

Orientation

Before beginning the program, each student with at least 1 parent/guardian will attend an orientation session to explain what can be expected from the program, the student and the parent/guardian.

Steps

Over the course of at least 13 weeks, students will progress through the 8 steps by completing each step’s requirements that will assist them in processing the information for a successful recovery.

Graduation

Once all requirements are completed for each of the 13 lessons, the student will write his or her story to be presented at a graduation ceremony, at which time he/she will receive a certificate of completion.

“The Table” is...

- A safe place to share
 - A refuge
 - A place of belonging
 - A place to care for others and be cared for
 - Where respect is given to each member
 - Where confidentiality is highly regarded
 - A place to learn
 - A place to progress
 - A place to demonstrate genuine love
 - A place to grow and become strong again
 - A place where you can remove your mask and allow others to know you
 - A place for healthy challenges and healthy risks
- ...a possible turning point in your life**

